

Lesson 1 – CISSP Orientation + Exam Overview + Sample Test

Lesson Companion (Student Workbook)

This companion document is designed to guide your learning during the first session of the CISSP Official Training Program. Use it to record key points, clarify concepts, and build your personalized study plan.

Section 1 — Course Orientation

1.1 Purpose of the CISSP Bootcamp

Write in your own words the primary goal of this training program:

1.2 Structure of the Course (10 Sessions)

What is the learning structure and expectations of this course?

Section 2 — Cyber School LMS

2.1 LMS Features

List at least three types of materials available in the Cyber School LMS:

1. _____
2. _____
3. _____

2.2 LMS Navigation Notes

Record any steps or notes that will help you navigate the LMS effectively:

Section 3 — Accessing the ISC2 Official CISSP Training Kit

3.1 Activation Steps

List the steps required to activate your official ISC2 CISSP Training Kit:

1. _____
2. _____
3. _____
4. _____

3.2 Confirmation of Access

Have you successfully accessed:

- The digital textbook? Yes / No
- Practice question bank? Yes / No
- Key takeaways and module summaries? Yes / No

Notes or issues to address:

Section 4 — VitalSource Digital Textbook Access

4.1 Redeeming Your eBook Code

Summarize how to redeem your VitalSource access code:

4.2 Offline Access Reminder

Which device(s) will you download the textbook to for offline use?

4.3 Questions for Support

Note any concerns you have about using VitalSource:

Section 5 — Introduction to ISC2

5.1 Who is ISC2?

Write the mission or purpose of ISC2 in your own words:

5.2 ISC2 Certifications

List at least three certifications offered by ISC2:

1.

 2.

 3.

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Section 6 — CISSP Overview

6.1 What is CISSP?

Describe the role and purpose of the CISSP certification:

6.2 CISSP CBK (Common Body of Knowledge)

Write the names of the **8 domains** covered in the CISSP exam:

1.

2.

3.

4.

5.

6.

7. _____

8. _____

Section 7 — CISSP Exam Structure

7.1 Exam Format (CAT)

Write down the key exam properties:

- Number of questions: _____
- Time allowed: _____
- Passing score: _____
- CAT behavior summary: _____

7.2 CISSP Question Types

List two types of exam question styles:

1. _____

2. _____

7.3 Endorsement and Experience Requirements

What experience is required to become a fully certified CISSP?

Section 8 — CISSP Decision-Making Mindset

8.1 High-Level Security Thinking

Write down three principles you should apply when answering CISSP questions:

1. _____

2. _____

3. _____

8.2 Risk-Based Thinking

In your own words, why does the CISSP exam emphasize management and risk?

Section 9 — Diagnostic Sample Test

9.1 Personal Response Tracking

Record your answers as the instructor presents each question:

Question Your Answer Correct Answer Notes / Weak Areas

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

Section 10 — Key Takeaways from the Diagnostic Test

10.1 Strengths Identified

Write down the domains or topics you felt confident about:

10.2 Areas That Require Improvement

Identify domains you will focus on during the course:

Section 11 — Personal Study Plan

11.1 Study Commitments

How many hours per week can you dedicate to CISSP study?

11.2 Tools You Will Use

List the study tools you intend to use regularly:

- ISC2 Textbook
- LMS materials
- Practice questions
- Notes / highlights
- Peer discussion
- Other: _____

11.3 Questions for the Instructor

Note any questions you wish to revisit in future lessons:
